

Maple River Schools

October 2011

Lunch Menu



Mon	Tue	Wed	Thu	Fri
3 Baked Chicken Mashed Potatoes Corn Fruit Choice	4 Toasty Dogs Baked Beans Carrot Sticks Fruit Choice Jello Cup	5 Chili Cheese Fritos Broccoli Fruit Choice Yogurt Cup	6 Cream Chicken over Biscuits Green Beans Assorted Juice	7 Pizza Burger Baked Squash Roasted Sweet Potatoes Country Blend Fruit Choice Cookie
10 Orange Chicken Rice Bowl Malibu Blend Apple Wedges Mandarin Oranges Egg Roll	11 Italian Dunkers w/Meat Sauce Garden Salad Mixed Veggies Fruit Choice	12 Chicken Fajita w/fixings Black Bean Salsa w/chips Calif. Blend Fruit Choice	13 Burger Bar Curly Fries Normandy Blend Fruit Choice	14 Real Slice Pizza Relishes w/dip Spinach Salad Fruit Choice Jello Cake
<i>*National School Lunch Week October 10-14, 2011*</i>				
17 Rib-be-Ques Potato Salad Corn on the Cobb Fruit Choice Sherbet	18 Scalloped Potatoes w/Ham Cole Slaw Green Beans Apple Crisp	19 No School	20 No School	21 No School
24 French Toast Sausage Links Applesauce Juice Cup	25 Super Beefy Nachos w/fixings Spanish Rice Peas Fruit Choice	26 Chicken Alfredo over Linguine Spinach Salad Veggie Bean Blend Fruit Choice	27 Turkey Sub w/fixings Wild Rice Cauliflower Fruit Choice	28 Penne Pasta Bake Mini Garlic Bread Caesar Salad Fruit Choice Cookie Salad
31 No School		<p>*Whole Wheat Bread served daily. *Daily Milk choices are: 1%, Skim, Strawberry Skim & Chocolate Skim. *Menu subject to change due to product availability. *Salad Bar is offered at Mapleton. *This institution is an equal opportunity provider.*</p>		<p style="text-align: center;"><u>Allergy Information</u> This menu contains one or more of the following ingredients: milk, eggs, soybeans, peanuts, tree nuts, shellfish, and wheat.</p>